

**Welcome to Tower News** - a quarterly newsletter, serving as a communication tool to keep all tenants up to date on events and new information about both **Bell Tower and MNP Tower** properties. We hope you enjoy this edition and invite you to provide comments on items that you would like to see included in the next edition. Please contact Sladjana at [sjankovic@aspensproperties.ca](mailto:sjankovic@aspensproperties.ca)

Q3 2016

## Platinum and Gold

### BELL and MNP Towers recognized as Industry Leaders in Sustainability

As part of Aspen's Sustainability Initiative, we recently participated in the Building Owners and Managers Association 'BOMA BEST' program.

BOMA BEST is a national environmental recognition and certification program for existing commercial buildings. The application process assesses how well the building is performing and includes suggestions for tangible ways to improve environmental practices. As a participant in this important national environmental initiative, the building is recognized as a leader in environmental stewardship.

We are thrilled to announce that MNP Tower received BOMA's second highest rating under the program - BOMA BEST Gold, while Bell Tower and the Stantec II building received BOMA's highest rating under the program - BOMA BEST Platinum. This honour is shared by only 63 other buildings in Canada, and puts our properties in the top 3% of all buildings reviewed by BOMA.

## Earth Day

### Green Tips Basket Winners

As part of Aspen's sustainability program we celebrated Earth Day by giving away four Green Cleaning Baskets. The winners were drawn on Thursday April 28, 2016 and Aspen's 'Green Team' delivered the baskets to the lucky winners who had these green tips to share with us:

**Adriana** - "Save Energy; if you're not using it, turn it off!! Go one step further and unplug anything that still sucks energy even when it is off (i.e. cell phone and tablet chargers, computer monitors etc.)"

**Alana** - "To save paper and other printing material, save your e-mail electronically to your computer file. You can reuse printed materials that are not of a sensitive nature. Simply flip the paper over and use it for scrap paper by writing on the clean side. Once you are finished with the scrap paper, put in the recycle bin or the shredder if there is sensitive material on it."

**Chris** - "My wife and I parked our second vehicle to do our part. I use transit regularly. Our employees take advantage of the Edmonton Transit discounted monthly pass program and the corporation kicks in a discount too! It's a great program and we have about 15 team members using it right now."

**Wayne** - "To convert all the lighting in your home to LED. The investment will result in a significant reduction of energy use."



# TOWER NEWS

## ASPEN TOOLS

[www.aspensproperties.ca](http://www.aspensproperties.ca)

Information about  
Aspen Properties

780•442•3100

### Office Hours

Monday - Friday

8:00 a.m. - 4:30 p.m.

Open through lunch hour

### Aspen Service Centre

[www.goaspen.ca](http://www.goaspen.ca)

For all your service and  
maintenance requests,  
help is just a click away.

Or call 310•GoAP (4627)

### Security

To request a Safewalk, report an  
incident or for Lost and Found

780•493•7512

### Impark

For information on parking  
and monthly passes call

780•426•8472



## Jackson's Gym Update

Construction for the gym is well underway and are expected to be completed August 2016.

The 5,500 sq ft gym will offer: a 900 sq ft studio; modern changing facilities with oversized showers and towel service; state of the art equipment including free weights and machines, steppers and treadmills. Access to the gym will be added to the existing building key card system.

## What's on around Edmonton

### Edmonton International Street Performers Festival

Sunday, July 17 @ Sir Winston Churchill Square

It's not just fun - it's FUNTASTIC! From jugglers to acrobats, dancers to unicyclists, the Festival will feature over 1500 outdoor performances from the world's most amazing street artists.

### Nascar Pinty's Series - Alberta has a new Energy 300

July 22 to 23 @ Wetaskiwin

The NASCAR Pinty's Series comes to Edmonton Int'l Raceway in Wetaskiwin on Friday July 22 and July 23, 2016. That's 300 Laps of door to door NASCAR Racing here in Alberta! Great names such as Alex Tagliani, Scott Steckly, DJ Kennington, Erica Thiering & more will battle it out on EIR's Paved Oval!

### Edmonton Airshow Saturday, August 6 @ Villeneuve Airport

The Edmonton Airshow is an entertainment spectacle that celebrates both the rich history and the modern evolution of aviation, particularly in Edmonton.

### Latitude 53 Summer Patio Thursday, August 11 @ 10242 - 106 Street

The Summer Patio Series is an 11-week after work, social event that helps raise funds vital to continued programming and operations at Latitude 53. Unwind in the sun every Thursday 5-9pm June 16- Aug 25 on the Patio! Featuring the best in local music, signature drinks, and cuisine - all under the back drop of Contemporary Visual Art. Visit [latitude53.org/patio](http://latitude53.org/patio) for more information.

### Party in the Park Saturday, September 10 @ Blue Quill Community

Party in the Park back for a fourth year, allowing you to enjoy local music right in your own neighborhood! Party in the Park is a free local music festival organized and brought you by volunteers. Suitable for all ages and music fans featuring beer gardens, face painting, fireworks, various music stages, and much more.

### MEC Edmonton Race SIX: 5K/10K/HALF MARATHON/FULL MARATHON

Sunday, September 11 @ Kinsmen Park

Race Six, The Wall Breaker

It is the moment you have been training for! It's time to smash down the wall on this Full Marathon at Kinsmen Park.

### Harvest of the Past and Harvest Food Festival

Sunday, September 11 @ Ukrainian Cultural Heritage Village

Celebrate Alberta's agricultural roots with a traditional harvest at the Ukrainian Village. See

# TOWER NEWS

## YOUR ASPEN TEAM

MORLEY BARR

General Manager

LINDSAY LEDUC

Assistant Property Manager

KRISTIN CARIGNAN

Property Administrator

SLADJANA JANKOVIC

Receptionist/  
Administrative Assistant

JEROME MENSINK

Bell Tower  
Operations Supervisor

FRED BOTELHO

MNP Tower  
Operations Supervisor

RENE CARDINAL

Bell Tower Building Operator

FERNANDO RAPOSO

MNP Tower Building Operator

CARLO BASILAN

Bell Tower  
Tenant Services Representative

NOEL ALCAIDE

MNP Tower  
Tenant Services Representative

BRETT KOROLUK

Leasing Manager



the Village one last time and witness an old-fashioned threshing bee complete with vintage farm equipment and grain deliveries to the historic elevator. The Harvest Food Festival offers a unique culinary experience for visitors to experience favourite fall foods from the region.

## The Aspen Bicycle Centre and MNP Bicycle Cages

We are pleased to announce that MNP Tower now has 12 new bicycle cages located on the parkade level B1 and B2.

In addition, the new Aspen Bicycle Centre located in the Bell Tower loading dock has been completed and is now open. This new facility has room for 46 bikes. It is equipped with hanging bike racks, a bike wash station and tools for simple bike repairs.

The space will be secured by our building key card system and monitored by video surveillance. A one-time \$50.00 deposit is required to secure a spot in one of these locations.

To secure a bike storage space please email Kristin at [kcarignan@aspenproperties.ca](mailto:kcarignan@aspenproperties.ca)

## Storage Space Available

Storage space is available, please contact Lindsay at [lleduc@aspenproperties.ca](mailto:lleduc@aspenproperties.ca) for more information.

## Did You Know?

In addition to our daily services did you know we also provide:

- » Afterhours HVAC
- » Contractor Preferred Lists
- » Recycling bins
- » Electronic recycling
- » Steam Cleaning Coordination

## Tenant Spotlight



### A MOM AND POP COOKIE SHOP IN THE HEART OF DOWNTOWN

We make everything from scratch and can deliver to your home, office or special someone.

Come down to the lobby of MNP Tower and visit us for a cold drink, a grilled cheese sandwich or one of our famous cookie ice cream sandwiches.

\*Gluten & Dairy Free Cookies Available

[www.cookielove.ca](http://www.cookielove.ca)

# TOWER NEWS

## 2016 BUILDING HOLIDAYS

The Aspen Administration Office will be closed access on the following days:

Heritage Day  
Monday, August 1

Labour Day  
Monday, September 5

Thanksgiving  
Monday, October 10

Remembrance Day  
Friday, November 11

In Lieu of Christmas Day  
Tuesday, December 27

Boxing Day  
Monday, December 26

Contact the Aspen Service Centre to schedule holiday HVAC services:  
**310•GoAP (4627)**

