

**Welcome to 333 News** - a quarterly newsletter, serving as a communication tool to keep all 333 - 11th Avenue SW tenants up to date on events and new information about the property. We hope you enjoy this edition and invite you to provide comments on items that you would like to see included in the next edition. Send comments to Clare at: [crooney@aspenproperties.ca](mailto:crooney@aspenproperties.ca)

Q3 2016

## Eservus

A concierge service offered to all Aspen tenants with exclusive access to concert tickets, movie passes and much more. To purchase call 403•269•0744 or go to [www.eservus.com](http://www.eservus.com). Check out this month's gift certificates and tickets:



## Introducing your new Property Manager

Donna Gardin has recently joined the Aspen team to fill the role of Senior Property Manager. Please feel free to introduce yourself and say hello when you see her. Donna is looking forward to meeting you and your colleagues. Sandra and Clare will continue to assist as always in the role of Property Administrators.



## Kids & Company Grand Opening

Kids and Company held their grand opening on Tuesday, May 10. Helping to cut the ribbon was Greg Guatto, President & CEO of Aspen Properties.

Kids & Company offers flexible child care and superior early education through full-time, part-time and back-up programs for infants to preschool age.

As an Aspen tenant, Kids & Company is offering priority access for your children into the centre along with the first month free for any registrations received before September 30, 2016! Find out more on [thebeltline.kidsandcompany.com](http://thebeltline.kidsandcompany.com) and then visit the centre on the main floor of 333 or contact Melissa [msawatzky@kidsandcompany.com](mailto:msawatzky@kidsandcompany.com) with questions.



**From left to right:**

Alexi Olcheski, Principal at Avison Young; Kim Richards, Area Director at Kids & Company; Greg Guatto, President & CEO at Aspen Properties; Victoria Sopik, CEO and Co-founder of Kids & Company; Ashley Hendrickson, Site Director at Kids & Company; Sue Purser, VP of Operations at Kids & Company; Brett Koroluk, Leasing Manager at Aspen Properties

# 333 NEWS

## ASPEN TOOLS

[www.aspenproperties.ca](http://www.aspenproperties.ca)

Information about  
Aspen Properties

403•216•2660

### Office Hours

Monday - Friday

8:00 a.m. - 4:30 p.m.

Open through lunch hour

### Aspen Service Centre

[www.goaspen.ca](http://www.goaspen.ca)

For all your service and  
maintenance requests,  
help is just a click away.

Or call **310•GoAP (4627)**

### Security

To request a Safewalk, report an  
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403•781•8505

### Emergency Response Plan

If you have any questions,  
or would like a copy of  
the plan, please contact

Adam Parsons at:

403•781•8519

[aparsons@aspenproperties.ca](mailto:aparsons@aspenproperties.ca)



## Amazing Race Canada stops at Calgary Tower



The Amazing Race Canada filmed a daring challenge at Calgary Tower in the second episode of the series, which saw the contestants race through the streets of Calgary. The episode aired on CTV July 5, 2016. You can check out the previously aired episodes on [ctv.ca](http://ctv.ca).

## Fort McMurray Donations

Since our last publication we all witnessed the tremendous disaster which occurred in and around Fort McMurray. As a response to this Albertans pulled together to assist the tens of thousands of displaced residents of Fort McMurray and the Regional Municipality of Wood Buffalo.

We received a huge response to our request for donations to **Edmonton Emergency Relief Service Society** and the **Edmonton Food Bank** thanks to your generosity necessary supplies were delivered from the Calgary Tower collection point to those in need.

Calgary Tower are also giving away free admission to Fort McMurray residents and will continue to do so until September 5, 2016.



## Earth Day

### Green Tips Competition

We were overwhelmed by the response we received for our Earth Day competition, it's fantastic to see that so many people within our building are so passionate about the environment. Some of the great tips we received are as follows:

**Janet L** [KMSS]

Consider replacing individual office garbage containers with a larger centrally located garbage container for several offices in order to cut down on the number of garbage bag liners going to landfill.

**Joanne K** [FMC Technologies Canada]

- » To clean glass - Mix 1/4 cup vinegar with 1 quart of water in a spray bottle. Spray on glass and wipe clean with old newspaper or a lint-free cloth.
- » To clean countertops and bathroom tile - Mix 2 parts vinegar and 1 part baking soda with 4 parts water. Apply with a sponge, scour, and wipe away.
- » To clean floors - Mix 4 cups of white distilled vinegar with about a gallon of hot water. If desired, add a few drops of pure peppermint or lemon oil for a pleasant scent. After damp mopping the floors, the smell of vinegar will dissipate quickly, leaving behind only the scent of the oil.

# 333 NEWS

## YOUR ASPEN TEAM

DALE ZAWYRUCHA  
**General Manager**

DONNA GARDIN  
**Senior Property Manager**

SANDRA DIVER  
**Senior Property Administrator**

CLARE ROONEY  
**Property Administrator**

BILL PARSLow  
**Operations Manager**

KELLY GATTINGER  
**Chief Engineer**

JOSH KAZAKOFF  
**Building Operator**

ADAM PARSONS  
**Manager, Security & Life Safety**

RON ACKERMAN  
**Morning Concierge**

BRETT KOROLUK  
**Leasing Manager**



- » To clean wood furniture - Mix equal parts of lemon juice and olive oil. Apply a small amount to a cloth, and rub onto the furniture in long, even strokes.
- » Toilet bowl cleaner - Sprinkle a toilet brush with baking soda and scrub away! Occasionally disinfect your toilet by scrubbing with borax instead. Wipe the outside of the toilet clean with straight vinegar.
- » Disinfectant - Mix 2 teaspoons borax, 4 tablespoons vinegar, 3 cups hot water, and 1/4 teaspoon liquid castile soap. Wipe on with dampened cloth or use a spray bottle. Wipe clean.
- » To get rid of mold and mildew - Wipe with straight vinegar.
- » Air freshener - Sprinkle essential oil on a cotton ball, and stash it in a corner of the room. If you have kids, make sure it is out of their reach as essential oils are very strong and could irritate their skin. Lavender is a relaxing scent that is great for bedrooms, and cinnamon, clove, and citrus oils are great for the rest of the house. You can stash a few in the car too - try peppermint, which may help you to stay alert.

**Gloria B** [Wilson Laycraft]

For a spanking (fresh smelling) clean floor you'll need: 10 litres of water, 3-4 tablespoons of liquid black soap, 2-3 tablespoons of soda crystal, 10-12 drops of vanilla essence, couple drops of orange essential oil, ...and wash away.

**Paul B** [Platinum Grover]

Being a dog owner has made me try new ways to clean my dogs nose prints off of my windows.

I first started to look for alternatives when I thought about harsh chemicals entering my dogs system through her nose. I have tried many combinations but I feel this one is the best. Give it a try

No-streak glass/window cleaner - Mix 1/4 cup white vinegar and 1 quart warm water. Or, 1/4 cup white vinegar, 1 Tbsp cornstarch and 1 quart warm water. Apply with a spray bottle or sponge. Wipe with crumpled newspaper instead of paper towels for lint-free results.

So keep your pet healthy and your windows clean while heling the planet use less chemicals.

**Jonathan G** [KMSS]

For FAUXBREEZE you'll need: empty spray bottle, white vinegar, essential oils (not fragrance oil) e.g. lemon, tea tree, lavender, orange etc.

Fill the spray bottle almost to the top with white vinegar. Then add about 10 drops of lemon essential oil and a few drops of lavender (or whatever combination of oils you choose). Shake up the bottle (after attaching the sprayer and you are ready to go

## Summertime Home Safety Tips

- » **Secure it.** Take a walk around your property. Do you see any way to get in? If you can see a potential entrance, a thief will as well. Purchase a good locking device to lock up ladders, patio furniture, recycling bins and anything else a thief could use to gain access to a second-storey window. Never hide a key anywhere outside.

## BUILDING HOLIDAYS

The Aspen Administration Office will be closed access on the following days:

Heritage Day  
Monday, August 1

Labour Day  
Monday, September 5

Thanksgiving  
Monday, October 10

Remembrance Day  
Friday, November 11

Closing at Noon  
Friday, December 23

In Lieu of Christmas Day  
Tuesday, December 27

Boxing Day  
Monday, December 26

Closing at Noon  
Friday, December 30

Contact the Aspen Service Centre to schedule holiday HVAC services:  
**310•GoAP (4627)**

# 333 NEWS

- » **Maintain it.** A home that's well cared for is a less attractive target for thieves. Trim hedges that exceed window-height and cut evergreen branches up at least three feet from the ground to eliminate hiding places on your property. General maintenance also decreases the risk of other problems, especially water damage.
- » **Going away.** If you're going on vacation for more than a few weeks, turn off the water to your home and drain the lines (turn on your taps for a few minutes and flush your toilets). The less water and pressure there is, the safer your home will be if a pipe, toilet or tank happens to burst.
- » **Keep it looking lived in.** Your home is less likely to catch the attention of a thief if it looks like it's being lived in, so it should reflect your regular schedule and give the indication that someone is home. If there are normally children's toys in the yard, leave a few out. Also consider placing extra shoes at the front and back doors. Inside, tune the radio to an AM talk station, so there are voices to be heard, turn down the volume on your phone - constant ringing is a sure sign that you're away - and don't forget timers for your lights.
- » **Make a friend.** Find a friend or neighbour you trust to keep an eye on your home. Have them cut the grass, park a car in your driveway, pick up your mail and even put out some extra garbage on garbage day. Inside, they can occasionally adjust the blinds or other visible property.

## Tenant Spotlight



**Kenway Mack  
Slusarchuk Stewart LLP**  
Chartered Professional Accountants,  
Chartered Accountants

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tailored to meet your needs!**



celebrating  
**30**  
years



Learn how we can add value at:  
**KMSS.ca**

**Our Partners:**  
Barry Slusarchuk | Bruce Kenway | Bryce Eidsness | Cal Stewart | Dave Somerville | Dennis Jackson  
Gary Gray | Kevin Napady | Kirby Rogers | Laura Lamb | Ray Mack | Roland Bishop | Scott Timson

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## Debt Solutions



- CREDIT COUNSELLING
- PROPOSAL TO CREDITORS
- BANKRUPTCY

[www.solvingdebt.ca](http://www.solvingdebt.ca)  
(403)705-0544



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