

**Welcome to 333 News** - a quarterly newsletter, serving as a communication tool to keep all 333 - 11th Avenue SW tenants up to date on events and new information about the property. We hope you enjoy this edition and invite you to provide comments on items that you would like to see included in the next edition. Send comments to Clare at: [crooney@aspenproperties.ca](mailto:crooney@aspenproperties.ca)

Q1 2016

## Eservus

A concierge service offered to all Aspen tenants with exclusive access to concert tickets, movie passes and much more. To purchase call 403•269•0744 or go to [www.eservus.com](http://www.eservus.com). Check out this month's gift certificates and tickets:



*we wish you a  
HAPPY, HEALTHY  
& PROSPEROUS  
2016*

## Major Projects



Our ground floor lobby was renovated along with the lobbies and washrooms on floors 2, 5, 8 and 14; in conjunction with this work our elevators received a complete upgrade.

We would like to take this opportunity to thank you all for your patience and cooperation throughout the renovation process. We hope you are as pleased with the results as we are and would love to hear your thoughts on our new interiors.

If you would like to share any comments or suggestions you can do so through the Tenant Service Centre website at [www.goaspen.ca](http://www.goaspen.ca) or alternatively contact a member of your Aspen Property Management Team on 403•216•2660.

## Introducing our new Property Manager

Leslie Shier recently joined us as Senior Property Manager at 333 - 11th Avenue SW. Please feel free to introduce yourself and say hello when you see her. She looks forward to meeting you and your colleagues. Sandra and Clare will continue to be your contacts.



## Winter Green Tips

- » **Fight Frost Naturally** - To prevent ice from covering home and car windows rub the inside of the glass with a saltwater-soaked sponge; dry with a clean cloth. You won't

# 333 NEWS

## ASPEN TOOLS

[www.aspenproperties.ca](http://www.aspenproperties.ca)

Information about  
Aspen Properties

403•216•2660

### Office Hours

Monday - Friday

8:00 a.m. - 4:30 p.m.

Open through lunch hour

### Aspen Service Centre

[www.goaspen.ca](http://www.goaspen.ca)

For all your service and  
maintenance requests,  
help is just a click away.

Or call **310•GoAP (4627)**

### Security

To request a Safewalk, report an  
incident or for Lost and Found

403•781•8505

### Emergency Response Plan

If you have any questions,  
or would like a copy of  
the plan, please contact

Adam Parsons at:

403•781•8519

[aparsons@aspenproperties.ca](mailto:aparsons@aspenproperties.ca)



see it but a residue from the salt will remain to ward off frost. For extra oomph spray a solution of three parts white vinegar and one part water on the outside of the glass, then wipe dry.

- » **Use Better De-icers** - Steer clear of rock salt (sodium chloride) and urea-based de-icers. Not only can they pollute habitats with plant-killing runoff, but they can also corrode concrete, destroy your lawn (even a snow-covered one), and contaminate water supplies. Better bets? Sand, which provides traction without damaging salt-sensitive landscapes, and calcium chloride, which may still hurt vegetation, but is free of the cyanide present in rock salt.
- » **Burn Smarter** - Start fires with dry kindling to minimize emissions and maximize efficiency. Feed blazes with small loads of hard woods that have aired out ("seasoned") for at least six months. (Well-seasoned hardwood offers a cleaner burn.) Never burn chemical or pressure-treated wood. Keep flames hot and bright; low, smoldering fires pollute more. When the fireplace is not in use close the flue to keep warm indoor air from escaping out the chimney.
- » **Let the Sunshine In** - Even in winter the sun's rays provide a fair amount of warmth. Take advantage of this free heating by opening blinds and curtains on the windows that receive the most light (usually on the south side). At night draw heavy insulating drapes to help preserve warmth or invest in "low-e" Energy Star-certified windows (especially on the north side of the house).
- » **Seal up the Attic** - Save on heating by plugging up air leaks that lead from the attic down into the main house. If you have a hatch door make sure to weather-strip and insulate it. Also assess your attic's overall insulation which slows the escape of heat from your living areas.

## Security & Life Safety

The holiday season may be over, but the season of winter weather conditions continues, creating an increased risk of slips and trips.

According to the [Canadian Centre for Occupational Health and Safety](#) (CCOHS), over 42,000 workplace injuries are due to fall accidents. The majority of these, or about 66%, are same level falls due to slips and trips. The inevitable winter ice and snow just makes for a more hazardous environment that may increase the risk of injuries. In an effort to support a safe winter season, see below, some helpful tips to guide you through.

General tips for surviving winter:

- » **Keep walkways clear** - Remove hazards immediately such as water on floors and stairs, and snow on sidewalks.
- » **Mark hazardous areas whenever necessary** - Use temporary signs, cones, barricades, or floor stand signs to warn workers passing by and place a work order for the cleaners to attend.
- » **Select footwear with appropriate traction** - You may also wear removable ice cleats when walking outdoors. Just remember to remove them indoors because they can be very slippery on interior floors.

# 333 NEWS

## YOUR ASPEN TEAM

DALE ZAWYRUCHA  
**General Manager**

LESLIE SHIER  
**Senior Property Manager**

SANDRA DIVER  
**Senior Property Administrator**

CLARE ROONEY  
**Property Administrator**

BILL PARSLOW  
**Operations Manager**

KELLY GATTINGER  
**Chief Engineer**

JOSH KAZAKOFF  
**Building Operator**

ADAM PARSONS  
**Manager, Security & Life Safety**

RON ACKERMAN  
**Concierge**



## Tips for driving safely in the winter:

- » Tune up and winterize your vehicle;
- » Check the tread on your tires and consider installing snow tires;
- » Clean snow and ice off your vehicle and ensure your headlights and windows are clear;
- » Give yourself extra time to reach your destination;
- » Reduce your speed and turn on your headlights;
- » Drive defensively;
- » Leave extra distance between you and the car ahead of you;
- » Leave a 10 metres distance (about three car lengths) between your vehicle and the working sanders, graders and other snow removal equipment;
- » Do not pass working sanders or equipment;
- » Listen to your local radio station for traffic and weather updates;
- » Consider delaying your trip until the roads are in better condition.

## Tips for walking safely in the winter:

- » Wear footwear with heavy treads for increased traction;
- » Make yourself visible to drivers by wearing brightly colored jackets or clothes;
- » Consider wearing sunglasses to enable you to see through the bright snow reflection;
- » Keep your hands out ready to steady yourself in case of slips;
- » Avoid carrying heavy loads that may tip your balance;
- » Test slippery areas by tapping a foot before walking.

Getting through the winter season without suffering a slip, trip, or fall is not a difficult feat with the right preparation and presence of mind. Just remember that safety should always be the top priority in every season, all the time. Stay safe.

## Tenant Spotlight



Red Olive is located on the ground level of 333 - 11th Avenue SW.

## 2016 BUILDING HOLIDAYS

The Aspen Administration Office will be closed access on the following days:

- Aspen Family Day  
Friday, February 12
- Family Day  
Monday, February 15
- Good Friday  
Friday, March 25
- Victoria Day  
Monday, May 23
- Canada Day  
Friday, July 1
- Heritage Day  
Monday, August 1
- Labour Day  
Monday, September 5
- Thanksgiving  
Monday, October 10
- Remembrance Day  
Friday, November 11
- In Lieu of Christmas Day  
Tuesday, December 27
- Boxing Day  
Monday, December 26

Contact the Aspen Service Centre to schedule holiday HVAC services:  
310•GoAP (4627)

*J. Vair*  
J. VAIR ANDERSON  
JEWELLERS

9 decades  
of sparkle

90<sup>th</sup>  
ANNIVERSARY

THREE GENERATIONS  
ONE FAMILY EST. 1925

409 - 3rd ST SW | 403.266.1669 | [jvairanderson.com](http://jvairanderson.com)



J.Vair Anderson is located on the ground level of Northland Place (407 - 3rd Street SW).



### LUNCHBOX THEATRE'S TENANT TUESDAYS & THURSDAYS

Lunchbox Theatre would like to extend a special offer to all Aspen Properties tenants and their employees! Join us any Tuesday at 12:00 p.m. or Thursday at 6:00 p.m. and receive a special 20% discount to any of our regular shows in our 2016 season!

Tickets can be booked through our box office on the main floor of the Tower Centre, by phone at 403•265•4292 or email at [boxoffice@lunchboxtheatre.com](mailto:boxoffice@lunchboxtheatre.com). Come on down and add a slice of fun to your lunch hour! [www.lunchboxtheatre.com](http://www.lunchboxtheatre.com)

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