

Welcome to 150 News - a quarterly newsletter, serving as a communication tool to keep all 150 - 9th Avenue SW tenants up to date on events and new information about the property. We hope you enjoy this edition and invite you to provide comments on items that you would like to see included in the next edition. Send comments to Clare at: crooney@aspenproperties.ca

Q3 2016

Eservus

A concierge service offered to all Aspen tenants with exclusive access to concert tickets, movie passes and much more. To purchase call 403•269•0744 or go to www.eservus.com. Check out this month's gift certificates and tickets:



Introducing your new Property Manager

Donna Gardin has recently joined the Aspen team to fill the role of Senior Property Manager. Please feel free to introduce yourself and say hello when you see her. Donna is looking forward to meeting you and your colleagues. Sandra and Clare will continue to assist as always in the role of Property Administrators.



Earth Day

Green Tips Competition

We were overwhelmed by the response we received for our Earth Day competition, it's fantastic to see that so many people within our building are so passionate about the environment. Some of the great tips we received are as follows:

Vanessa P

DIY green all-purpose cleaner - Mix vinegar and salt for a good surface cleaner. Pour some baking soda and vinegar on a damp sponge. It will clean and deodorize all kitchen and bathroom surfaces.

Put your lights on timers - While it's important to illuminate your home, leaving the lights on can be an unnecessary waste of energy. Purchase a few timers and program them so that the lights come on and turn off at the most beneficial times

Barb L

Baking Powder and Lime juice takes off the rust on almost anything - I've used it on my car and it works!! Better alternative to using rust removal chemicals.

Sonia K

Line dry laundry - Besides saving money and less wear on clothes, it keeps you active, and you fold and put the clothes away promptly. But most of all there is nothing more

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ASPEN TOOLS

www.aspenproperties.ca

Information about
Aspen Properties

403•216•2660

Office Hours

Monday - Friday

8:00 a.m. - 4:30 p.m.

Open through lunch hour

Aspen Service Centre

www.goaspen.ca

For all your service and
maintenance requests,
help is just a click away.

Or call **310•GoAP (4627)**

Security

To request a Safewalk, report an
incident or for Lost and Found

403•781•8505

Emergency Response Plan

If you have any questions,
or would like a copy of
the plan, please contact
Adam Parsons at:

403•781•8519

aparsons@aspenproperties.ca



wonderful than crawling into bed to the smell of freshly sun dried sheets after a long day.

Cindy R

My favourite green tip is using Norwex window cloths for cleaning windows and mirrors. Works like a charm with only water and no chemicals. The cloth lasts a super long time too (I've had mine for almost 10 years!)

Palliser Fitness



Did you know that as a tenant of 150 - 9th Avenue you can purchase an annual membership to Palliser Fitness for just \$200?

We are pleased to announce that Aspen and Heavens Elevated Fitness have partnered to operate the Palliser Fitness Centre. Heavens Elevated Fitness offers classes during lunch hour, as well as personal training sessions.

For more information or to sign up as a member please contact crooney@aspenproperties.ca

Amazing Race Canada stops at Calgary Tower



The Amazing Race Canada filmed a daring challenge at Calgary Tower in the second episode of the series, which saw the contestants race through the streets of Calgary. The episode aired on CTV July 5, 2016. You can check out the previously aired episodes on ctv.ca.

Fort McMurray Donations

Since our last publication we all witnessed the tremendous disaster which occurred in and around Fort McMurray. As a response to this Albertans pulled together to assist the tens of thousands of displaced residents of Fort McMurray and the Regional Municipality of Wood Buffalo.

We received a huge response to our request for donations to **Edmonton Emergency Relief Service Society** and the **Edmonton Food Bank** thanks to your generosity necessary supplies were delivered from the Calgary Tower collection point to those in need.

Calgary Tower are also giving away free admission to Fort McMurray residents and will continue to do so until September 5, 2016.



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YOUR ASPEN TEAM

DALE ZAWYRUCHA
General Manager

DONNA GARDIN
Senior Property Manager

SANDRA DIVER
Senior Property Administrator

CLARE ROONEY
Property Administrator

BILL PARSLow
Operations Manager

KELLY GATTINGER
Chief Engineer

DAVID LENNON
Senior Building Operator

KHAGENDRA NEPAL
Junior Building Operator

ADAM PARSONS
Manager, Security & Life Safety

SUNDAR RANJITKAR
Morning Concierge

JEAN McCORMICK
Afternoon Concierge

BRETT KOROLUK
Leasing Manager



Summertime Home Safety Tips

- » **Secure it.** Take a walk around your property. Do you see any way to get in? If you can see a potential entrance, a thief will as well. Purchase a good locking device to lock up ladders, patio furniture, recycling bins and anything else a thief could use to gain access to a second-storey window. Never hide a key anywhere outside.
- » **Maintain it.** A home that's well cared for is a less attractive target for thieves. Trim hedges that exceed window-height and cut evergreen branches up at least three feet from the ground to eliminate hiding places on your property. General maintenance also decreases the risk of other problems, especially water damage.
- » **Going away.** If you're going on vacation for more than a few weeks, turn off the water to your home and drain the lines (turn on your taps for a few minutes and flush your toilets). The less water and pressure there is, the safer your home will be if a pipe, toilet or tank happens to burst.
- » **Keep it looking lived in.** Your home is less likely to catch the attention of a thief if it looks like it's being lived in, so it should reflect your regular schedule and give the indication that someone is home. If there are normally children's toys in the yard, leave a few out. Also consider placing extra shoes at the front and back doors. Inside, tune the radio to an AM talk station, so there are voices to be heard, turn down the volume on your phone - constant ringing is a sure sign that you're away - and don't forget timers for your lights.
- » **Make a friend.** Find a friend or neighbour you trust to keep an eye on your home. Have them cut the grass, park a car in your driveway, pick up your mail and even put out some extra garbage on garbage day. Inside, they can occasionally adjust the blinds or other visible property.

Need a space to park your bike?

Bike Parking spaces are available for the 2016 Summer season. For more information please call Clare at 403•216•2241 or email crooney@aspenproperties.ca

Tenant Spotlight



FREE CORKAGE MONDAY'S
EVERY MONDAY THE CORKAGE IS ON US!

RUTH'S CHRIS STEAK HOUSE

CALL 403-246-3636 FOR DETAILS AND RESERVATIONS
OR VISIT WWW.RUTHSCHRISALBERTA.CA

Ruth's Chris is located on the 2nd floor of Tower Centre.

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BUILDING HOLIDAYS

The Aspen Administration Office will be closed access on the following days:

Heritage Day
Monday, August 1

Labour Day
Monday, September 5

Thanksgiving
Monday, October 10

Remembrance Day
Friday, November 11

Closing at Noon
Friday, December 23

In Lieu of Christmas Day
Tuesday, December 27

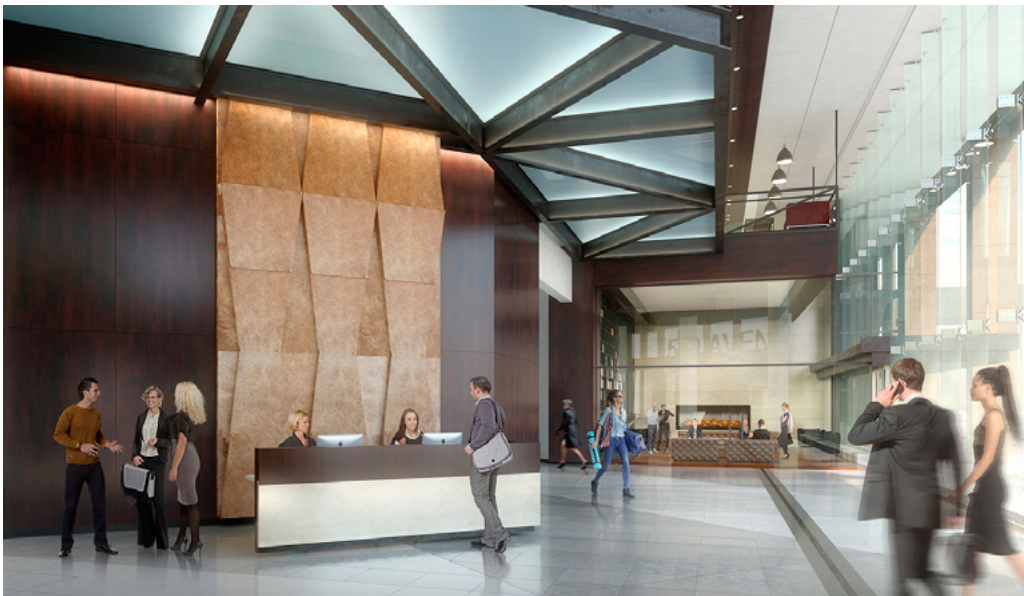
Boxing Day
Monday, December 26

Closing at Noon
Friday, December 30

Contact the Aspen Service Centre to schedule holiday HVAC services:
310•GoAP (4627)



Coming soon ...



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